

We asked Andy Murray what the value of advice means to him...

"It's very important to seek out advice from people because I don't know everything.

I think it's something that as I've started to learn and understand myself better that I see I need advice because there's nothing worse, I don't think, than someone trying to do something that they aren't capable of doing.

The best piece of advice I've been given... I mean, honestly I find that such a hard question to answer. I've been asked it a lot of times but it changes often for me, because at different times of your life you need different things."